



donna druchunas

DESIGNS

experience level

intermediate

materials

Sock weight yarn, approx
300yds/274m
more yarn for longer legs

Knitting needles:

US size 1 (2.25mm) needles for
working in the round: DPNs, 1
long circular or 2 short
circulars

US size 2 (2.75mm) needles for
working in the round: DPNs, 1
long circular or 2 short
circulars

Tapestry needle

finished measurements of sample

7 ½ (9)" / 19 (23)cm foot
circumference

5" / 12.5cm length cuff to top
of heel flap

8 (9)" / 20 (23)cm foot length
from back of heel to tip of toe,
or desired length

gauge

32 sts and 40 rounds = 4" /
10cm over stockinette stitch
with larger needles



Wheat Lace Socks

The first time I saw traditional Lithuanian knitted socks was on a photo of dancers wearing reproductions of the National Costume. The women's socks were knit in a wheat lace pattern made out of white yarn, and you could only see the pattern when they lifted the hem of their long skirts. The originals were knee socks, but I wanted to create a pair that was quick to knit and that fit into my more casual lifestyle. These socks have the quickest heel turn that I've ever knit and a toe that does not require any Kitchener stitch!

Heel

This sock is worked with a Lithuanian Easy Heel with the flap worked in St st with garter edges.

Heel Flap

Row 1 (RS): Knit 10 (0) sts to center patt at back of leg/heel. Turn.

Row 2 (WS): S11, k2, p23 (29), k3—29 (35) sts in heel flap. Place rem 31 (37) sts on hold.

Row 3: S11, knit across.

Rep rows 2 and 3 until heel flap measures 2 ½" (6.5cm) or desired length. End after working a RS row.

Turn Heel

The heel turn is worked in St st. Divide the heel stitches into 3 sections as follows:

Next row (WS): Work 9 (11) sts, place marker, work 11 (13) sts, place marker, work 9 (11) sts.

Continue working garter stitch edges and at the same time, work decreases to turn heel as follows:

Row 1 (RS): Work in patt to 2 sts before first marker, k2tog, slip marker, work to second marker, slip marker, ssk, work to end of row.

Row 2 (WS): Work in patt to 2 sts before first marker, ssp, slip marker, work to the second marker, slip marker, p2tog, work to end of row.



Rep rows 1 and 2 until 13 (15) sts rem in heel.

Gusset

Knit across heel sts, removing markers. Pick up and knits 1 st in each chain along first side of heel flap; work lace panel across instep sts; pick up and knit 1 st in each chain, along second side of heel flap, knit to center of heel for new start of round.

Work sole in St st and instep sts in Wheat Lace and AT THE SAME TIME work gusset decs every other rnd at beg and end of sole sts as foll:

Dec rnd: Knit to last 3 sole sts, k2tog, k1, on instep work in Wheat Lace patt as set, at beg of sole, k1, ssk, knit to end of rnd.

Foot

When 60 (72) sts rem, work even in patterns until foot measures approx 6 ¼ (7)" / 16 (18)cm or 1 ¾ (2)" / 4.5 (5)cm shorter than desired length.

Toe

Divide sts into 4 equal sections of 15 (18) sts each.

Left Sock: K2tog at the end of each section every other rnd until half of total sts rem, then every rnd until 8 sts rem.

Right Sock: SSK at the beg of each section every other rnd until half of total sts rem, then every rnd until 8 sts rem.

Abbreviations

- approx ▪ approximately
 beg ▪ begin(ning)
 BO ▪ bind off (cast off)
 CO ▪ cast on
 cont ▪ continue
 dec ▪ decrease(ing)
 dpn(s) ▪
 double-pointed needle(s)
 inc ▪ increase(ing)
 k ▪ knit
 k2tog ▪ knit 2 stitches together
 M1 ▪ make one stitch
 p ▪ purl
 p2tog ▪ purl 2 stitches together
 pm ▪ place marker
 pssso ▪
 pass slipped stitch(es) over
 rem ▪ remain(ing)
 rep ▪ repeat
 rev ▪ reverse
 RS ▪ right side(s)
 rnd(s) ▪ round(s)
 ssk ▪ s1-kw twice, then
 k these 2 sts tog tbl
 ssp ▪ s1-kw twice, put sts back
 on left ndl, insert right ndl
 through both sts tog *in back*
from left to right and
 p these 2 sts tog tbl
 sl ▪ slip
 st(s) ▪ stitch(es)
 St st ▪
 stockinette (stocking) stitch
 tbl ▪ through back loop
 tog ▪ together
 WS ▪ wrong side(s)
 yo ▪ yarn over

Finishing

Break yarn and thread tail through rem sts and pull gently to fasten off.

Weave in ends, wash and dry flat to block.

